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Owner Kelly Bouchareune:
Director of Medical Education
Area College of Medicine - Academics
References LCME 8.8 Monitoring Student Time

RUCOM Clinical Duty Hours Policy

Purpose:

RUCOM is an advocate of health and wellness and is committed to reducing excessive demands that may impact a student's health. Therefore, the medical school limits the number of duty hours during the clerkship phase to ensure students have unscheduled time to engage in independent study and to succeed in reducing excessive demands in medical school.

Related LCME Element:

8.8 Monitoring Student Time

Related Policies and Procedures:

Scope:

All RUCOM students in, and faculty instructing in, the clerkship phase of the curriculum

Responsible Party:

Clerkship Directors, Clerkship Coordinators, and Associate Dean for Clinical Education

POLICY

I. Policy Statement

All medical students rotating through clerkships, other required clinical rotations, electives, and sub-internships are required to comply with the following duty hours expectations:

1. Duty hours should be limited to 80 hours per week, averaged over a 4-week period, and inclusive of all in-house call activities.
2. Continuous on-site duty, including in-house calls, should not exceed 24 consecutive hours.
3. In-house calls may not be more frequent than one every three days, averaging over a 4-week period.
4. Students must be provided with one day in a seven-day period free from all educational and clinical responsibilities, averaging over a four-week period, and inclusive of all night and weekend calls.
5. Students must be provided with adequate time for rest and personal activities; this should be a 14-hour period between all daily duty periods and after in-house calls.

Definitions

Duty Hours: Time spent on all clinical and academic activities related to students, i.e., patient care, administrative duties related to patient care, the provision for transfer of patient care and scheduled academic activities such as conferences, and didactics.

All Revision Dates

08/2024, 03/2024

Approval Signatures

Step Description	Approver	Date
COM - Curriculum Committee	Karin Esposito: Senior Executive Dean, Academic and Student Affair	04/2026
COM - Clinical Phase Committee	Thomas Swoboda: Associate Dean for Clinical Education	04/2026
Initial Review	Kelly Bouchareune: Director	04/2026

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